

FEBRUARY 2022



Reclaim  
Your  
Rhythm

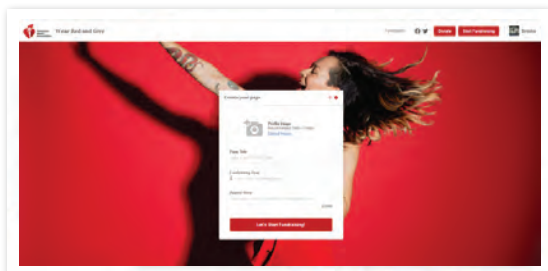
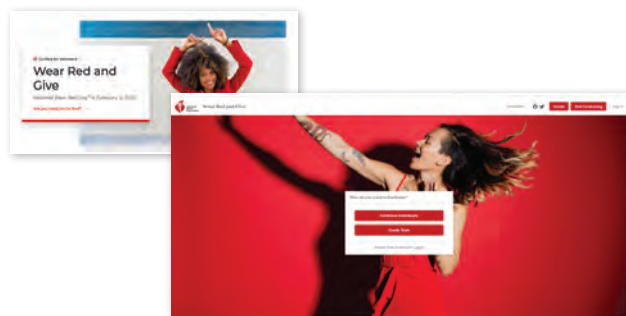
# ROCK YOUR FUNDRAISING.

Wear Red and Give in 3 Easy Steps

## 1 JOIN IN

Dance your way over to [WearRedDay.org](https://www.WearRedDay.org).  
Select "Start Your Own Fundraiser," then "Join."

*If your company or community group already has a team you'd like to join, choose "Join a Team" and search for your group. If not, create your own!*



## 2 PERSONALIZE

Rock a fun photo, video and add your personal story.  
Don't worry if it's not your greatest hit — you can make updates at any time!

Let your personality take center stage. Remember this is your campaign and your opportunity to make an impact and save lives.

## 3 FUNDRAISE

That's it! With just a couple of clicks, you're ready to **WEAR, SHARE** and **ROCK YOUR RED** this February.

Thank you for helping save women's lives. Because losing even one woman to cardiovascular disease is too many.



Find more resources to help rock your fundraising at [WearRedDay.org](https://www.WearRedDay.org).